

## Songs for Sunday Worship Time:

### Before Message:

Paul Baloche - Psalm 92 (O Most High) <https://youtu.be/jERIH2pg7e4>

Brian Doerksen - Jesus Hope of the Nations. <https://www.youtube.com/watch?v=37NYEIo7sEI>

CityAlight - What Love, My God <https://www.youtube.com/watch?v=CjXK9PdCpis>

### After Message:

Keith & Kristyn Getty - He Will Hold Me Fast <https://www.youtube.com/watch?v=936BapRFHaQ>

**Outline:** Scripture: James 1:12-18  
Message: How to Overcome Temptation!

#### 1. How Temptation Works

- There's no escape from temptation in this life
- 1 Corinthians 10:13 "No temptation has overtaken you except what is common to us all."
- It's not a sin to be tempted
- Hebrews 4:15 "[Jesus] has been tempted in every way, just as we are—yet was without sin."
- We need to take responsibility for how we react to temptation
- James 1:13 "When tempted, no one should say, "God is tempting me." For God cannot be tempted by evil, nor does he tempt anyone."
- We need to be ready to face temptation at all times
- 1 Pet. 5:8 "Be self-controlled and alert. Your enemy the devil prowls around like a roaring lion looking for someone to devour."
- James 1:14-15 "Each of you is tempted when you are dragged away by your own evil desire and enticed. Then after desire has conceived, it gives birth to sin."
- Temptation doesn't warn us in advance
- 1 Corinthians 10:12 "If you think you are standing firm, be careful that you don't fall."
- We need to understand how temptation operates
- 2 Corinthians 2:11 "In order that Satan might not outwit us, we are not unaware of his schemes."
- Temptation begins with a desire gone wrong
- James 1:14 "Each of you is tempted ... by your own evil desire."
- The process of temptation includes an element of deception
- James 1:14 "You are dragged away by your own evil desire and enticed."
- Satan uses the right bait to appeal to our weakness
- James 1:15 "Then after desire has conceived, it gives birth to sin."
- What begins in the mind results in action

#### 2. How to Overcome Temptation

- We need to admit to our human weakness
  - We need to change what we think about
- James 1:17 "Every good and perfect gift is from above, coming down from the Father of heavenly lights, who does not change like shifting shadows."
- We need to focus on how God promises to help us
  - Sometimes we need to just remove ourselves from the situation
  - We need to avoid the temptation in its initial stage
- James 1:18 "He chose to give us birth through the word of truth, that we might be a kind of first-fruits for all he created."
- We need a supernatural power to fight against temptation
- 1 Corinthians 10:13 "And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it."
- We need Christian friends to support us against temptation
  - We need to trust God will give us the strength to resist
- Hebrews 2:18 "Because [Jesus] himself suffered when he was tempted, he is able to help those who are being tempted."
- Trust that God will forgive us when we fall into temptation
  - The Bible helps us to discern God's way from the way of sin
- Romans 12:2 "Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is."
- We need to run from situations that lure us into temptation